

# Make Money Your Friend

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Whether you think you have money or struggle with your prosperity cycles, you probably have issues with money, as most people do. Generally, individuals who feel the lack of money don't spend much time with it and tell themselves, "Money really isn't that important." They don't keep track of it and often dislike having to balance their checkbooks or feel anxious about reviewing their financial statements. They talk about how they need better paying jobs, more contracts or clients, or more sales. Their focus is on need, need, need. That's when I suggest that they personify money. What if money were your friend?

## **Road Sign: Abundance is our natural state.**

Having abundance, including money, is our natural state when we don't get in our own way. Unless you are experiencing total abundance in all areas of your life, you are resisting it. The presence of resistance tells you that there is also a presence of fear, which is a response to the conflict between your inner desire for something and a belief that contradicts it, such as, "There isn't enough of it." When you feel a twinge of disappointment because you didn't make that sale or didn't get that high-paying job, just acknowledge it and let it go, to experience more available joy. What if your attitude was: "Money either comes in today or it doesn't. It's all the same to me" – and you meant it? Being in a joyful and peaceful emotional state can put you into life situations that draw more possibilities to you!

Money can certainly take the pressure off daily living. Many people think of it as a thing to get, or as a reward – a reward for being smart enough, for doing the "right stuff," for enough work, enough meditations, or enough \_\_\_\_\_. (You fill in the blank.) The belief that money comes to you through hard work and struggle gets in the way of your having it. Money is energy and is present everywhere. I like to think of it as electricity – it isn't good or bad; it has no inherent meaning; it just exists. It can be used to light up your world or it can destroy life. How you view money and how you use it is personal choice.

How can you change your relationship with money? What if you let go of the drive to prove your worth through your work and your financial assets? It's been my observation that people who effortlessly attract money into their lives have an ease about money – a playfulness even. A friendship. If you know you have intrinsic worth, it's much easier to do this.

## **Road Sign: Be in a passionate relationship with money.**

[Excerpt of *Less Drama, More Fun—Your Roadmap to Personal Freedom* by Barbara McRae]

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